Respiratory Examination Checklist
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EXAMINATION	0:	SCE ITEMS
General	Inspection ☐ ABCs ☐ Distressed? Talking full? ☐ Body habitus ☐ Well vs unwell looking ☐ Depth/effort breathing ☐ Quality of voice (hoarse, stridor, wheeze)	Vital Signs ☐ Blood pressure ☐ Heart rate ☐ Respiratory rate ☐ O2 Sat ☐ Temperature
Extra-Pulmonary Examination	General Clubbing Peripheral and central cyanosis Nasal flaring Use of accessory muscles SCM Scalenes Intercostal muscles Subcostal indrawing Paradoxical abdominal breathing	Upper Respiratory Tract ☐ Ears ☐ Sinuses ☐ Nose (polyps, mucus, etc) ☐ Mouth and throat (inflammation) ☐ Position of trachea/tug ☐ Superficial lymph node system
Pulmonary Examination	Posterior Chest Inspection AP diameter/shape Deformities (scoliosis, kyphosis) Respiratory movement (symmetry) Palpation Chest wall for lumps/bumps Skin abnormalities Tenderness Chest wall excursion/expansion Diaphragmatic excursion Tactile fremitus Percussion Resonance, dullness Auscultation (use diaphragm of stethoscope) Breath sounds (vesicular, BV, bronchial, quiet) Inspiratory/expiratory phase (3:1) Adventitious sounds (wheeze, rubs, stridor, crackles) Egophony, whispered petriloquoy	Anterior Chest Inspection Surgical scars Deformities (scoliosis, kyphosis) Respiratory movement (symmetry) Palpation Chest wall for lumps/bumps Skin abnormalities Tenderness supra-sternal notch – mobility, deviation Tactile fremitus Percussion Resonance, dullness Auscultation (use diaphragm of stethoscope) Breath sounds (vesicular, BV, bronchial, quiet) Inspiratory/expiratory phase Adventitious sounds (wheeze, rubs, stridor, crackles) Egophony, whispered petriloquoy